

Municipality of Harrison Park Age Friendly Initiative Committee

2023-2024 Action Plan

*“Working to keep our residents
happy, healthy and longer
in our community”*

Municipality of Harrison Park Age Friendly Initiative Committee - ACTION PLAN - 2023-24

| (Category) | (What we want to do) | (To help accomplish) | (How to do) | (Who leads) | |
|-------------------------------|--|---|--|---|-----------------|
| <u>Domain</u> | <u>Initiative</u> | <u>Potential Partners</u> | <u>Strategies/Actions</u> | <u>Task Assignment</u> | <u>Timeline</u> |
| Transportation (1) | New Handi-Van Support Existing Handi-Van | Handi-Van Committee Municipality of Harrison Park | Investigate Grants. Work with Handi-Van Committee & Municipality. Assist to keep posters & website updated. | Connie, Carol, Lorna, Ian Doug Hayhurst | On-going |
| | "Toonie Tuesday" | <i>(Need Sponsors)</i> | Approach Heritage Co- op, Credit Union. Congregate Meal Program | Ian, Doreen, Connie | Spring 2023 |
| | Rides to Vote | Harrison Park Website | Posters. | Carol, Lynne, Lorna, Candy | On-going |

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| Housing (2) | Support Harrison House & Sandy Lake Low Rentals. Seek alternate Housing Options for our communities. | MB. Housing Liasion Harrison House Board Municipality of Harrison Park | Investigate other Housing Options (4-Plex, life-lease, etc.) | Carol, Lynne Cheryl, Connie, Doreen | On-Going |
| | Assisted Living Housing Accomodations | Municipality of Harrison Park. Other Municipalities. Provincial & Federal Governments. | Support all invested parties. | Ian <i>Committee as a whole</i> | 2023 / 2024 |
| | Home Care Program | Prairie Mountain Health - RHA Provincial Legislature | Support strategic planning for future improvements | <i>Committee as a whole</i> | 2023 |

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| Community Support & Health Services (3) | "Let No One Be Alone" Week | Services To Seniors Three Drop Ins | Distribute Posters Visit Shut-Ins whenever Possible | <i>Committee as a Whole</i> | May 2023 & 2024 |
| | Congregate Meal Programs | SL & Newdale Boards | Support as needed | Doreen, Lynne | On-Going |
| | Explore Interaction with Onanole Drop In Center | Onanole Drop In Liaison | Approach their Board with ideas to share | Lorna, Cheryl, Candy | On-Going |
| | Telehealth | Service To Seniors | Promote and Support | Cheryl, Doreen | On-Going |
| | Healthy Together Now Event | Chantal Morais PMH - RHA | Programming - "Craving Change" or? | Doreen & <i>Committee as a Whole</i> | 2023 |
| | Manitoba Day | Helen Lewandoski Sandy Lake LUD | Approach to assist | Ian & <i>Committee as a Whole</i> | May 2023 & 2024 |

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| Communication & Information (4) | AFI Website | Municipality of Harrison Park | Submit pictures, Articles, & Coming Events | Lorna & <i>Committee as a Whole</i> | On-Going |
| | Bulletin Boards | 3 Drop In Centers Age-Friendly MB MASC U of M Center On Aging | Keep Current Information Rotating | Doreen, Carol, Cheryl, Candy | On-Going |
| | Newdale Breakfast | Municipality of Harrison Park | Promotes AFI and Social Inclusion | Lynne, Carol, Ian, Connie, Doreen | June 2023 & 2024 |
| | Newspaper Coverage | Municipality of Harrison Park South Mountain Press | Cover AFI Events | Candy, Doreen | On-Going |
| | Advocacy Binders Information | PMH - RHA MASC | Distribute Info in Sections & on Website | Lynne, Lorna, Connie | 2023 |

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**Outdoor
Spaces &
Buildings
(6)**

| | | | | | |
|--|---|---|--|---|------------------------|
| | Sandy Lake Flower Boat Newdale Memory Garden | Sandy Lake LUD (Soil & Watering) Newdale LUD & Newdale Horticultural Society | Planting & Weeding | Doreen, Connie, Lynne | Summers 2023 & 2024 |
| | Gazebos | Municipality of Harrison Park Sandy Lake LUD Newdale LUD | Explore & Promote Grant Funding, Opportunities, & Possibilities | Ian, Doreen, <i>Committee as a Whole</i> | 2023 |

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| Respect and Social Inclusion (5) | Onanole & Strathclair School Elders Dances | Pam Ryznar Onanole School Bobbi-Lynn Geekie Strathclair School Services to Seniors Strathclair Drop In <u>MASC \$500 Grant</u> | Assist with Dance Rehearsals Advertizing Fund Raising | Doreen, Carol, Lynne, Cheryl, Candy and <i>Committee as a Whole</i> | Spring 2023 & 2024 |
| | Christmas School Choir to Sandy Lake PCH | Sandy Lake PCH Rose Lewandoski <u>Pam Ryznar</u> | Communicate & Assist <i>as is allowed</i> | Cheryl, Doreen, Connie | December each year, as possible |
| | GrandPals School Program | 3 MASC Grants Pam Ryznar - Onanole School Bobbi-Lynn Geekie - Strathclair School Laurie Bachewich - <u>Erickson School</u> | Facilitate finding "Elders" | Doreen, Carol, Lynne, Cheryl, Candy and <i>Committee as a Whole</i> | Fall 2022, January - March 2023, April - May 2023 |
| | Erickson School Programs | Laurie Bachewich Mary Nichols, Services To Seniors | Assist with "Kids Can Shop" and "Womens' Day Tea" | Doreen & <i>Committee as a Whole</i> | Christmas and Spring 2023 & 2024 |

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| Civic Participation & Employment Opportunities (7) | "Age Friendly Opportunities" | AFI MB U of M Center On Aging | MASC MASC | <i>Keep abreast of all and any opportunities to "Grow" as an Age-Friendly Municipality</i> | Doreen, Ian <i>Committee as a Whole</i> | On-Going |
| | EMO (revisited) | Municipality of Park | Harrison MASC | "Be at the Table" when program and committee is restruct. | Ian, Doreen <i>Committee as a Whole</i> | 2023 |
| | Seniors Strategy Minister's Advisory Committee | Provincial Legislature MASC - Connie Newman | | Assist (<i>with deepest appreciation</i>) any Senior Engagement Events | Doreen | Till April 2023 |

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Social Participation

8 *It was agreed and emphasized by those creating this Action Plan that the Municipality of Harrison Park is currently very strong in this domain.*

The Age Friendly Initiative would encourage the continued support of On-Going Activities and Events, such as:

- | | |
|---|--|
| <p>Newdale, Sandy Lake, Onanole Drop Inn Center Programs Services To Seniors Group Activities and Programs Newdale Harrison House and Sandy Lake Congregate Meal Programs Gospel Hymn Sings Trans Canada Trail, Onanole Recreational Trail, Elk Link Trail Network Cancer Care Transportation Onanole & Sandy Lake Recreation Centers Newdale Curling Club Erickson & Area Palliative Care Onanole Elementary School Harrison Park Volunteer Fire Department Harrison Park EMO Committee</p> | <p>Erickson Exercise Group Sandy Lake Rec Center Curling Club Newdale Christmas Concert Sandy Lake & Onanole Pickle Ball Sandy Lake Exercise Program Sandy Lake Roller Rink</p> |
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And the MANY Community Groups and Activities already in place!

This Municipality of Harrison Park Age Friendly Initiative Action Plan is respectfully submitted by these 2022 Committee Members:

- | | | |
|------------------|--------------|----------------|
| Candy Irwin | Cheryl Penny | Connie Creasy |
| Lynne Tolton | Lorna Minty | Carol Dalgarno |
| Doreen Stapleton | Ian Drul | |