

MANITOBA  
**ROUTE**  
**45**

FROM PRAIRIE FIELDS  
TO PRAIRIE MOUNTAINS

TRAVEL SCENIC HIGHWAY 45  
ENJOYING ALL THE UNIQUE  
ATTRACTIVE PLACES AND PLACES  
ALONG THE WAY



**Accommodations**

- A Asessippi Inn
- B Big Grass Outfitters & Cabin Rental (Russell)
- C The Jolly Lodger (Russell)
- D The Russell Inn Hotel & Conference Centre
- E Sanderson's Hill Bed & Breakfast (Russell)
- F Silver Creek Bed & Breakfast (Russell)
- G HI Rossburn - 9 Finger Ranch (Rossburn)
- H Rossburn Hotel (Rossburn)
- I Rossman Lake Cabin & Camping on the Hill
- J Sandy Lake Hotel (Sandy Lake)
- K Sandy Lake Motel & Campground

**Dining**

(\* indicates seasonal)

- 1 • Bin 22 Coffee Co. (Russell)
- Club Café (Russell)
- Connie's Drive In\* (Russell)
- Tin House Designs & Coffee (Russell)
- The Russell Inn - Dining Room & Neighbourhood Pub (Russell)
- 2 • Russell & District Golf Course Clubhouse\* (Russell)
- 3 • Waywayseecappo Restaurant & Gaming Lounge (Waywayseecappo)
- 4 • Choy's Cafe (Rossburn)
- Gone Scraffin' in Bloom (Rossburn)
- Kopper Kettle (Rossburn)
- N L Restaurant (Rossburn)
- 5 • Rossman Lake Golf Course Clubhouse\* (Rossman Lake)
- 6 • Frontier House (Sandy Lake)
- Sandy Lake Hotel - Wolf's Den (Sandy Lake)
- 7 • Clubhouse 204 Restaurant\* at Sandy Lake Golf Course (Sandy Lake)

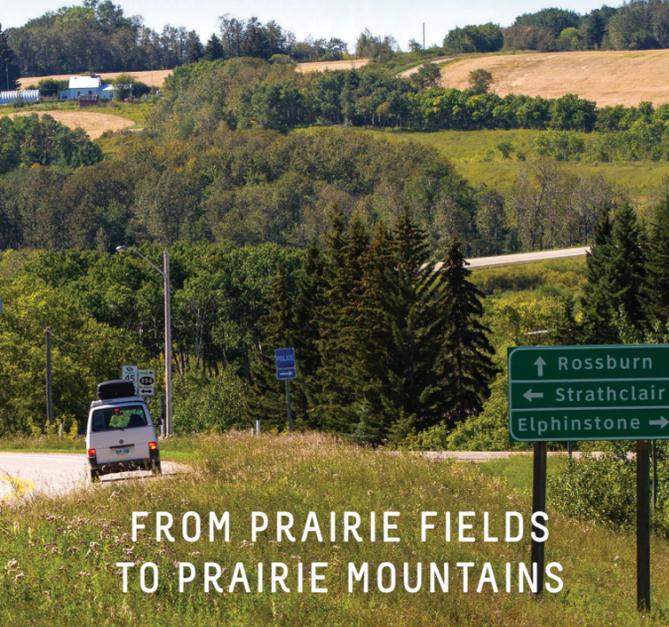
**Nearby Attractions**

- 1 Asessippi Provincial Park
- 2 Asessippi Ski Area & Resort
- 3 Inglis Grain Elevators National Historic Site
- 4 Riding Mountain National Park
- 5 9 Finger Ranch Horseback Riding
- 6 Marconi School
- 7 Olha Store
- 8 Buddas - Pioneer Ukrainian Dwelling
- 9 Ukrainian Settlement Monument & Mass Grave
- 10 Horrod School
- 11 Viking Boat Monument



This brochure was originally produced by Parkland Tourism Association. Funding for the current edition was provided by Rossburn CDC with the collaboration of the municipalities along Highway 45. We are thankful as well for contributions from Parkland Tourism Association, Travel Manitoba, and Asessippi Parkland Tourism.

MANITOBA <b>ROUTE</b> <b>45</b>	Accommodations						
	Camping	Gas	Groceries & Supplies	Restaurants	Shopping	Health Services	Historic / Heritage Sites
Russell	★	★	★	★	★	★	★
Angusville		★					★
Waywayseecappo			★	★	★		
Rossburn	★	★	★	★	★	★	★
Oakburn			★				★
Elphinstone		★	★	★			
Sandy Lake	★	★		★	★		★



FROM PRAIRIE FIELDS  
TO PRAIRIE MOUNTAINS

**Bin 22 Coffee Co.**

202 Main Street North, Russell

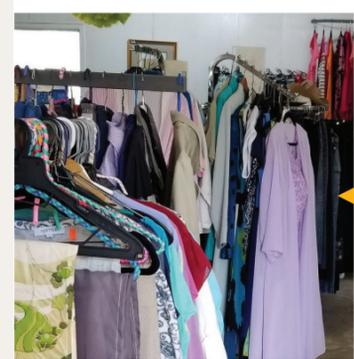
The main floor of an historic red brick bank building in Russell has been tastefully transformed into a specialty coffee house. Bin 22's warm and inviting atmosphere can be attributed to the friendly staff, the great coffees and sweet treats, and the pleasant combination of urban and rustic décor. Handcrafted tabletops, a reclaimed barn beam coffee table, a comfy couch and armchair corner encourage relaxation and conversation. The tantalizing aroma of espresso, cappuccino, and caramel lattes will bring you back for sure!  
[bin22coffee.com](http://bin22coffee.com)



**Gone Scrappin' In Bloom**

20 Victoria Avenue East, Rossburn

This red brick 1939 heritage general store welcomes you with a cozy and inviting feel. Adding to the warm atmosphere is the aroma of old wood and fresh Manitoba roasted coffee greeting you as you enter the building. The store offers: fresh flowers & plants, local, Manitoba & small business made gifts, decor and wares, an exceptional variety of scrapbooking supplies, furniture paint products, arts & craft supplies and delightful cafe with old fashioned counter, offering specialty coffee & teas, sweet treats, hard ice cream and more. Experience a magical wonderland in Nov/Dec as the store is converted into a full Christmas store with 9-13 Christmas trees, all sparkling lights and Christmas wares. While shopping and discovering a unique country store, see if you can spot the old pickle barrel stains on the floor. Open year-round. Call 204-859-3334. [gonescrappin.ca](http://gonescrappin.ca). Find them on Facebook, Instagram, and Twitter @gonescrappinbloom



**Angusville Nifty & Thrifty**

Main Street, Angusville

Angusville Nifty & Thrifty Second-hand Store offers a wide selection of new and used items from small household, clothes, furniture and everything in between. You just never know what you might find as Jackie has an eye for treasures. Open Wednesday to Friday from 10:00 am to 4:00 pm; stop by for a browse to find what you have been looking for, knowingly or not. Find Angusville Nifty & Thrifty on Facebook for more information.

**The Meat Man**

Oakburn

Miles and his family worked hard to turn the former Oakburn Fire Hall into the go-to place for meat products. You find among many other things an in-store made assortment of pepperettes, sausages, and jerky—all sorts of flavours, too! Miles prides himself on supporting local farmers and, in return, you can be assured of the highest quality meat at a fair price. The store is open for retail from Tuesday to Saturday, 10 a.m. to 4 p.m. For custom orders or inquiries, call Miles at 204-234-MEAT (6328) or email [oakburnmeatman@hotmail.com](mailto:oakburnmeatman@hotmail.com). Find them on Facebook.



**Clubhouse 204 Restaurant**

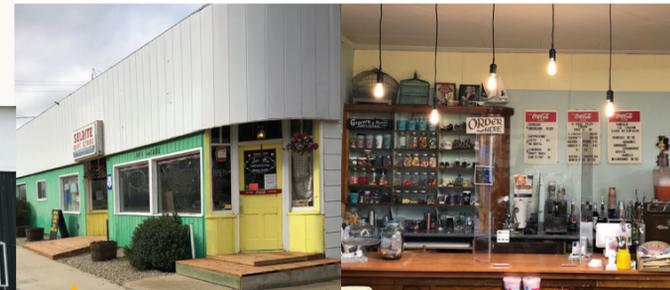
at Sandy Lake Golf Course, Sandy Lake

Clubhouse 204 Restaurant is known across the region for offering an innovative selection of hand-prepared meals. Chef Chris Bevan has created an impressive menu that offers elevated versions of clubhouse favourites including pizzas, ribs, burgers, wings and more. With a focus on locally-sourced ingredients, Clubhouse 204 guarantees your satisfaction. The restaurant operates seasonally (spring to fall). Join your friends inside or on the patio—either way, you'll enjoy the lake view. Be sure to try their Ukrainian Food specialties! Open Tuesday to Sunday, 11 a.m. to 7 p.m. Call 204-585-5227. [sandylakegolf.com/food/](http://sandylakegolf.com/food/)

**Bainer's Elphinstone Kobassa and Meats**

Elphinstone

On your next trip to Elphinstone, be sure to plan a stop at this shop. Owner Dwayne Bain locally produces kobassa sausage rings—a staple of Ukrainian and Polish cuisine. Grab the essentials for a picnic here (and at TK's, see below) and head to the Lions Club Campground for a picnic along the Rossburn Subdivision Trail. Open Wednesday to Friday, 10 a.m. to 5 p.m., and Saturday, 11:00 a.m. to 3:00 p.m. Call 204-625-2064. Find them on Facebook.



**Vint's Sandcastle Cottage**

128 Main Street, Sandy Lake

Vint's Sandcastle Cottage is a 1930s vintage building that once housed the popular Selrite Grocery Store for many years. No longer selling groceries, the building now features an eclectic array of items including home decor, gifts, blankets, jewelry, toys, floaties, aroma, Specialty Sauces and Spices, drink mixes, handmade consignment items, and so much more to explore in the bright green building. They have all your needs for a day at the beach or life at the lake as well as Candy & Awesome Coffee! Old fashioned shopping in a vintage building. Open on Saturdays from April -to December June Thursdays-Sundays, July & Aug Tuesday-Sunday. Hours will be posted, check us out on Instagram and Facebook.

**TK's Corner Store & Gas**

Elphinstone

What started out as Tony's in 1939 by the parents of the current owner, Tom Kwiatkowski, became TK's Corner Store & Gas in Elphinstone in November 2021. It features spruce logs from a mill north of Horod for the flooring and beams and—according to Tom—has been built by his dad to last! The general store is stocked to the brim with goodies and essentials and Tom loves to tell the story of Elphinstone, where he and his siblings grew up and where he has been happy to return. Generally open from 9 a.m. to 6 p.m.



**Waywayseecappo Powwow Arbour**

Waywayseecappo

Be sure to admire the Waywayseecappo Powwow Arbour situated on the north side of PTH45 when driving through Waywayseecappo First Nation. You are invited to have a closer look by driving up the gravel road east of the business centre. Waywayseecappo has its annual Powwow on the August long weekend. For more information on culture and history, call 204-859-2879 and ask for Laura Brandon.

**TinHouse Designs and Coffee Co.**

161A Main Street, Russell

After travelling across Canada, two young artists returned home to create this unique eatery and gift shop. It has very successfully brought the look and feel of other "cool" city shops to a rural town. Enjoy the striking interior or sit on the sunny patio. Try homemade "from scratch" wraps, sandwiches, salads, specialty teas and coffees, ice cream and a variety of home-baked goodies. Many gift items are available including handmade Canadian works from baby items to framed tin ceiling tiles, stained glass art, wildlife photography and much more. Open Monday through Saturday. Call 204-773-2291. [tinhousedesigns.ca](http://tinhousedesigns.ca)



**Prairie Collective Co.**

350 Main Street, Russell

What started out as hobbies—Jeremy buying and selling antiques and Jessica hand crafting art and home decor—has turned into a passion. A passion to see antiques preserved and junk restored, while reducing the waste that would otherwise be created by buying new things for our homes. Jeremy and Jessica see the value in supporting local prairie artisans who add their own creative touch to our homes with their hand crafted pieces. So with antique treasures picked from across the prairies combined with beautiful local artisans pieces, Prairie Collective Co. was born. See their website for store hours and to browse their online shop. [prairiecollectiveco.com](http://prairiecollectiveco.com)

